

EVS Worksheet

(Session 2024-25)

Chapter- 3 Keeping clean and fit

Name- _____

Class/Sec-I __

Date- _____

Q1.Fill in the blanks.

- 1.We should take _____ everyday.
- 2.We should cover our _____ while sneezing.
3. _____ and _____ are good exercises.
4. We should brush our teeth _____ a day.
5. We should _____ our hair to make them tidy.
6. We should trim our _____ with the help of our parents.
7. We should wake up early in the _____.
8. Go for morning _____ every day.
9. We play games to be _____.
- 10.We should never put our _____ in our mouth or nose.

Q2.Match the following-

- a. swimmingoutdoor game
- b. badmintontwice a day
- c. brushexercise
- d. clothesnose
- e. wipeclean

Q3. Draw, name and colour 2 thingswhich keep our body clean.

